

# MEETING MINUTES FOR AREA 83 - DISTRICT 66 SERVICE MEETING (March 25th, 2009)

- 1 Moment of Silence (7:30 pm)
- 2 Serenity Prayer (7:30 pm)
  
- 3 37 people present  
25 votes
  
- 4 Reading of Twelve Traditions (read by Ron)
  
- 5 Review and Adoption of Agenda (M) Paul F (S) Paul B = Carried
- 6 Review and Adoption of Previous Minutes (Feb 2009) (M) Stan C (S) Colleen L = Carried

## **REPORTS**

- 1 **Treasurer Report** (M) Rodger (S) Paul F = Carried

<b>Date</b>	<b>Item</b>	<b>Credit</b>	<b>Debit</b>	<b>Balance</b>
10-Feb	Opening Balance			1,030.33
19-Feb	Bill payment - Bell Canada (3 months)		155.90	874.43
19-Feb	Seaway Group	250.00		1,124.43
25-Feb	12 and 12 Serenity	140.00		1,264.43
25-Feb	Brockville Sunday Morning	60.00		1,324.43
25-Feb	Brockville Tuesday Lunch Bunch	170.00		1,494.43
25-Feb	Friday Night Friendship	200.00		1,694.43
25-Feb	Heritage Valley	300.00		1,994.43
25-Feb	Alkathon (3 cheques)	120.96		2,115.39
25-Feb	New Hope	100.00		2,215.39
25-Feb	7th tradition	47.99		2,263.38
28-Feb	Rodger C (Literature)		100.00	2,163.38
28-Feb	Mississippi Group	300.00		2,463.38
9-Mar	Monthly Fee		4.00	2,459.38
9-Jan	Adjustment January Monthly Fee		4.00	2,455.38
26-Feb	Greg L (Website)		20.00	2,435.38
	<b>Totals</b>	<b>1,688.95</b>	<b>283.90</b>	

**March 9 Closing Balance    \$ 2,435.38**

## Outstanding Cheques

Stan C (Roundup)		800.00	1,635.38
Pat C (Assembly)		300.00	1,335.38

**Adjusted Balance**                      \$ 1,335.38

### 2. Secretary Report

First, I would like to clarify that my last initial has changed from P to S. The meeting minutes were posted to our website and I hope you all found them ok. We are working on getting the Agenda posted there as well. I have a few email addresses for either the GSR or Alt. GSR that are incorrect. Could you please see me after the meeting if I mention your group's name: Athens 3<sup>rd</sup> Tradition, New Hope, Steps to Freedom. Also, the following groups did NOT submit information for a GSR: Back to Basics – Friday Brockville, Brockville Sunday morning 9:30, and Elgin – Friday 8:00. I am wondering if these groups DO NOT HAVE A GSR if we would like to attend their meeting and see if we can help and attract them to becoming involved at a District level. Pat has asked our Alternate DCM to do this as he resides in Brockville. You will notice I've elaborated the group information on the Agenda under Reports so that I may get to know the groups better and hope you benefit from it too. If there are any mistakes for your group please let me know. I will also be adding the GSR's name. Lastly, those of you that have an electronic version of your report tonight I would really appreciate you sending it to me via email. Thank you, yours in Service, Twyla S.

### 3. Registrar

I am going thru the groups and their numbers with Pat C. There seems to be a lot of confusion over what are groups...some don't exist? I would like all group GSR's to make sure they have their group numbers and a contact name, GSR or Alternate so that I can forward to the Area. Thank you, yours in service, Paul B

### 2 Alternate District Committee Member

See you all in Kingston this coming weekend for the Area 83 Service Assembly. Yours in Service, Gary C.

### 3 District Committee Member

It was sure great to see such a great turnout for our first meeting of this new term. However, I must confess that prior to the meeting as the numbers grew the thought did cross my mind that boy they are really going to put this rookie DCM through the paces. However, this thought was completely unfounded and it was a pleasure and a good experience to share the meeting with you all. Just a friendly reminder that the Spring Assembly is taking place this weekend in Kingston and I hope to see many of you there. I have copies of Saturdays' Agenda here with me. Yours in love and service. Pat C. District Committee Member.

## GROUPS & MEETINGS REPORTS

### Almonte

NOT PRESENT

### Athens 3RD Tradition Group

Everything is well in the Athens group, attendance is up. Dave F celebrates 23 years next Tuesday, March 31 at 8:00 p.m. Yours in service, David F.

### Autonomy Group – Brockville

Our attendance continues to be strong. No anniversaries to report for April. Participation at the Perth Round-up will be the donation of a 20 pound turkey. Three members have expressed interest in taking the AA phone, we are seeking a fourth to meet the requirements. We have begun reading the "7<sup>th</sup> Tradition card" in the hopes to increase our collection. Yours in Service, Wendy M, Alternate GSR.

### Back to Basics Group – Brockville

NOT PRESENT

## **GROUPS & MEETINGS REPORTS (con't)**

### **Brockville Lunch Bunch Meetings - Brockville**

This meeting has been going since May 2006 on Tuesdays at lunch. It was decided at the end of February 2009 to try the meeting 4 days a week. Attendance is great, from 6-20 people a day. Monday is Daily Reflections, and Tuesday, Wednesday and Friday are topic discussion meetings...looking at changing a few days to Steps/Traditions focus. Lunch meetings are needed in Brockville and we hope to continue to grow in numbers.

### **Brockville Sunday AM Group**

NOT PRESENT

### **Elgin Closed Discussion Group**

NOT PRESENT

### **Friends in Sobriety – Smiths Falls**

Meeting is doing well, we have 5-7 people coming out for breakfast and it is a super meeting. We have put in for a group number so we will be a group really soon. We have a birthday coming up we're just not sure if we are going to be holding the birthday meetings in the afternoon hours so stay tuned. Gerry M. has 12 years on the 26 of April. Thx John M., Alternate G.S.R.

### **Friendship Group – Carleton Place**

NOT PRESENT

### **Friendship Group – Carleton Place**

NOT PRESENT

### **Grapevine 12&12 Group – Smiths Falls**

REPORT NOT FORWARDED

### **Heritage Valley Group– Carleton Place**

March has been a good month at our Group. We had great attendance at our group anniversary and next month one of our group founders Bob H will celebrate 21 yrs of sobriety along with Brian M who will celebrate 1 year on April 6th. A safe and sober month to you all. Yours in service, Paul F.

### **Land of Lakes – Sharbot Lake**

NOT PRESENT

### **Living Sober Group – Brockville**

I am sorry that I have been unable to attend the District meeting for the last few months. I also want to thank Neil P. for being willing to cover the 12 step phones for me as I was unable to do it. I plan to take this over from him now. The group is going very well. The topics from the Living Sober book continue to be very exciting in this group and everyone participates. The room is always popping with someone wanting to talk. We have some new members and new people who are getting involved in helping out with the group which is very encouraging. A few of us from Brockville are planning to attend the Assembly this weekend. Yours in service, Susan S.

### **Merrickville Sunday Night**

Everything at the Merrickville Group is going well and we are having a full house at our meetings. The local clients at the treatment center are having a good choice of temporary sponsors to choose from as a lot of outside members show up at our meetings. We are well supported by the A.A. Fellowship. Yours in Service, Ron Whitlock GSR

### **Mississippi Group – Carleton Place**

Our meeting is being well attended. There have been no issues within the group and all group members are active and contributing to the group. There are no anniversaries at our group for the month of Apr. Our group will be donating a ham for the District Round-up. Yours in service, Dwayne K.

### **New Beginnings – Smiths Falls**

NOT PRESENT

### **New Hope Group – Smiths Falls**

Group is doing well and the attendance is up slightly. We are contribution a cooked Roast Beef to the Perth Roundup. We had two anniversaries this month, Bob J & Doug E both celebrated 3 years. Yours in service, Doug E.

## **GROUPS & MEETINGS REPORTS (con't)**

### **Perth Sunday Morning**

The Perth Sunday Morning Meeting is going strong. We average about 20 to 25 each meeting and have good discussions with many people sharing their experiences. Yours in service, Paul B

### **Perth Tay Group**

Perth Tay has been enjoying more people out to our closed discussion meeting on Tuesday nights. Thursday night's open speaker meeting is holding steady. Colleen L. is celebrating 11 years on April 16<sup>th</sup>. Yours in Service, Tom M.

### **Phoenix Group – Brockville**

Our attendance is down at our group. We had two birthdays this month. We will be donating a fruit tray to the Perth Round-up. Yours in Service, Ken D.

### **Saturday Night - Smiths Falls**

We've had good turnout this past month at our meeting. On April 25<sup>th</sup> we will be celebrating our 50<sup>TH</sup> YEAR AS A GROUP with a potluck dinner at 6:30 followed by a speaker meeting at 8:00pm. Hope to see you there. Yours in Service, Richard S.

### **Seaway Group – Brockville**

Excellent attendance as always ranging from 50-80 people at both our regular & celebration meetings. We also attract 10-15 members to our business meetings. The group has just voted on increasing what we spend on birthday celebration cakes since we have not done so for years and inflation is a reality. Tonight Bob T will be celebrating 35 years of continuous sobriety. There will be 3 celebrations in April: April 8 = Cathy 12 years. April 15 = Ann T 35 years, and a special celebration on April 22 for Jim S's 22<sup>nd</sup> year. Jim has relocated to the Ottawa area and will no longer be a member of our group, therefore I encourage you all to attend Wednesday, April 22 to show your appreciation for all that Jim has done for our District & AA as a whole. I would like to thank my group for financing me so that I may attend the Service Assembly this weekend in Kingston. We will be providing a case of coffee and our coffee urn for the Round Up in Perth April 11<sup>th</sup>. Yours in Service, Twyla S. GSR, Seaway Group.

### **Steps to Freedom – Carleton Place**

NOT PRESENT

### **Sunshine Group – Brockville**

We are continuing to thrive in our new location at the Parish of St. Lawrence. Our meeting is accessible, no stairs involved EXCEPT for the washrooms. We are proud to contribute fruit and veggie platters to the Perth Round-up. One of our members forwarded hi name for service in the Brockville Jail. Yours in Service, Barbara P.

### **12&12 Serenity Group – Perth**

Our meetings are well attended. We have been splitting the Friday noon Big Book into two groups for the discussion part of the meeting and this is finally going smooth. It appears to not affect the attendance and every person has time to share and less people are passing. No anniversaries to report for April. Yours in Service, Ann T.

### **Westport Group**

Our group is doing very well. We average 6 to 8 alcoholics consistently at our meeting with additional AA members in the summer months. I am looking forward to representing our group at the Area Conference in Kingston this upcoming weekend. We meet in Westport at the Westport United Church, Wednesday nights at 8:00 p.m. The meeting is closed to alcoholics only, unless there is a birthday celebration and the meeting is then an open speaker format. Yours in service and gratitude, Jen B.

### **Young Peoples Group – Brockville**

Our group is doing fair with very limited member interest in the groups' affairs. It is my hope that things will improve. Attendance is fair, better things ahead. Please feel free to join us Saturday nights @ 8:00 at Wall Street United Church in Brockville. I am pleased to be back at the district table with improved health. Yours in Service, David C.

# **COMMITTEE REPORTS**

## **Archives**

To recap last month's report: There will be an archive table at the roundup, and once again, I'd like to request any old documents that your group might have to add to our collection. I will not be attending the Area Assembly this year, and will also be missing out on the area workshop being held in Toronto on the 4th due to previous commitments. Yours in Service, Colleen L.

## **Correction and Treatment Facilities**

Everything is going well at the STU and the Brockville Jail. We are desperate to get literature into both of these institutions. I have finally made contact with Michelle W (volunteer co-ordinator) and she is certainly very appreciative of everyone's effort to put on our meetings there. I have had at least one screw up when I sent two members into the STU to put on a meeting and it was Family Day. I remembered after of course that there are no meetings on holidays. These members were both very gracious over my mistake and I appreciate their kindness. I would like to ask all of the GSR's if they would request donations of any old Big Books, 12 and 12, Living Sober, Grapevines or any SOFT COVERED material they may not need anymore. There is urgency in all of the institutions for material. It is hard to keep them on hand because they are borrowed and often not returned and that is not necessarily a bad thing. Michelle did inform me that she and Brian K (volunteer co-ordinator) have copies of Big Books and 12 and 12 for the inmates to borrow. The inmates need to be told this information because the nurses and other staff are not aware that they are available if they go and ask. Actually she and Brian seemed to be the only ones who knew so spread the word. I asked if we could put some Big Books in their library but the STU people do not have access there.

Anyone wishing to go into the Jail or the STU as volunteers, I want to thank you for your patience. I have been on a merry-go round myself trying to get application forms since I was told there are different forms for each place. I was finally told yesterday by Brian that we are to get our application form from Crystal at the jail and go through the process with her and then go over to the STU for the orientation there. Obviously anyone just wishing to volunteer at the jail would skip the STU orientation.

There are application forms on our website for the jail and the STU. Crystal Butt is the Chaplain and volunteer co-ordinator at the Jail and takes you through the process. It has historically been a very slow process but Brian assured me yesterday that he is taking the necessary steps to help it move along faster.

Alwood and Newgate 180 for Men are running smooth as far as I know. A lot less problems with the nicer weather. The CFTF Chair from Ottawa asked me last night to take on the Women's Newgate 180 and I have decided to try it.

I am slowly getting a handle on things and I thank you all for the opportunity to be of service in Alcoholics Anonymous. Tonight I have presented everyone with a copy of the CFTF Budget as of March 2009 and I am requesting a cheque from District 66 in the amount of \$250.00 to support this budget. In Love and Service, Carolyn M.

## **Grapevine/Literature**

Stan C, member of the Perth Tay group. Not much has changed from last month. I received an order of Big Books, 12 X 12, etc. last week and have Big Books with me tonight if you want them. If you require literature, please call me before you come to the District meeting and I will bring what you want with me. Thanks, Yours in Service, Stan C.

## **Public information & Cooperation with the Professional Community**

I have recently received AA literature and pamphlets for distribution. We had our Public Information committee meeting prior to the District 66 service meeting tonight (March 25, 2009). Public information responsibilities and criteria were discussed and our goal as a committee was to get a representative for all areas of our District, literature and pamphlets distributed and hopefully a public information committee formed. All of our goals were met with all four Kits being distributed, representation from all areas stepped forward to help distribute literature to the lawyers and doctors offices and a lot of interest was expressed to react out to the schools. We will be requesting 40 Big Books to put in the schools and a committee was formed. Yours in Service, Rodger C, PICPC Chair.

## **Round-up**

The committee will hold their last meeting prior to the Round-up on Wednesday, April 1<sup>st</sup> @ 7:00pm in Brockville at Wall Street United Church. We are in good shape and hope to see you all there. Yours in Service, Joe.

## **Self- Support**

There is nothing to report for self support. John M.

# COMMITTEE REPORTS (con't)

## 12 Step Phone Coordinator

We need to fill July, August, and December. Please forward your list of names for these months. Last week we had a request from the daughter of a 73-year-old problem drinker. She is looking for a Treatment Centre that focuses on the elderly. If anyone can help me with this it would be appreciated. Susan and I are hoping to transfer this position in the coming month. Yours in service, Neil P. Outgoing District 66 Telephone Coordinator.

\*\*It was suggested to contact the Detox in Ottawa and they may be able to direct to the appropriate place.

## Website

[www.lanarkleedsaa.org](http://www.lanarkleedsaa.org)

The website has seen an average of 350 visits each month for the last 3 months, with the meeting list being the most viewed of all pages. It is apparent to me that we are getting the message out to the alcoholic. One of the contact numbers for Sharbot Lake has been removed due to a members' passing. I have removed it from the website and the meeting list will be updated by this weekend. I am asking the table for payment for the website and for the domain name costs that I have already paid out for this calendar year. The website hosting cost is \$35.00 and the domain name cost is \$20.00 per year. This will cover the cost up to November 14, 2009. I am researching other hosting carriers since the present one is not very flexible when it comes to rotating to the new webmaster. Your humble servant, Greg L.

\*\*Noted that Greg DECLINED 3 years of previous costs = \$165.00. He stated it will be his personal contribution.

## OLD BUSINESS

- **Volunteers for Treatment Centres**  
Carolyn reports that she has enough volunteers for now. Thank you.
- **Volunteers for Public Information**  
Information session held tonight at 6:45 and lots of people volunteers. Committee formed.
- **Food donations from groups to Round-up**  
Sheet was circulated and the food donations are complete.

## NEW BUSINESS

- Public Information requests 40 Big Books to place in the High Schools in our district. Motioned by John and seconded by Greg. Carried. Stan (Literature chair will purchase these)
- CFTF requested a donation of \$250.00. Motioned by Joe and seconded by Debbie. Carried.
- Website chair requested \$35.00 for expenses. Motioned by Joe and seconded by John M. Carried.

## SHARING PORTION

It was brought to the District Table that Brockville meetings have been affected for approximately 2 weeks now with an individual causing problems by being very disruptive and has also been violent. Since the majority of our members are in long term treatment (Newcomers) in Brockville, this has become quiet a concern as some members have been threatened and some women are scared. "We just want the problem to go away and I've swept it under the carpet" was quoted by the individual that brought up this concern. The question was "How do we address this problem?".

The individual causing the problems has made it publically known that he had quit taking his medications and has identified himself as manic depressive and bi-polar. He has since started taking his medication again but continues to be disruptive. Discussion took place at the District table and it was suggested that a few members in Brockville pull this individual aside and let him know that his behaviour in the meetings is unacceptable. If he becomes violent, call 911.

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7<sup>TH</sup> TRADITION collected = \$40.04

**NEXT BUSINESS MEETING IS APRIL 29<sup>TH</sup>, 2009 @ 7:30 PM**

CLOSED WITH THE RESPONSIBILITY PLEDGE AND LORD'S PRAYER AT 8:45PM